House Resolution   No. 4

Introduced by Assembly Member Stone
(Coauthors: Assembly Members Aguiar-Curry, Bauer-Kahan, Boerner Horvath, Burke, Carrillo, Chen, Chiu, Megan Dahle, Cristina Garcia, Lorena Gonzalez, Grayson, Kalra, Lackey, Levine, Mathis, Patterson, Quirk-Silva, Luz Rivas, and Ting)

December 7, 2020

House Resolution No. 4—Relative to Positive Parenting Awareness Month.

1   WHEREAS, Raising children and youth in California to become
2 healthy, confident, capable individuals is the most important job
3 parents and caregivers have; and
4   WHEREAS, The quality of parenting or caregiving—starting
5 prenatally—is one of the most powerful predictors of children's
6 future social, emotional, and physical health; and
7   WHEREAS, Positive parenting is a protective factor that
8 eliminates risk, strengthens family relationships, increases parents'
9 confidence, and promotes the healthy development and well-being
10 of children and families; and
11   WHEREAS, Positive parenting increases children's
12 self-regulation skills, relational skills, problem-solving skills, and
13 involvement in positive activities; and
14   WHEREAS, Positive parenting can prevent or mitigate the
15 effects of adverse childhood experiences, such as child abuse,
16 neglect, household dysfunction, and other traumatic events that
17 can create dangerous levels of stress and impair lifelong health
18 and well-being; and

1   WHEREAS, All parents have inner strengths or resources that
2 can serve as a foundation for building their resilience and for
3 passing these strengths on to their children; and
4   WHEREAS, Many parents and caregivers raising children and
5 youth feel stressed, isolated, and overwhelmed, no matter their
6 age, race, ethnicity, tribe, or income level. This has been intensified
7 by the health, economic, and social-emotional impacts of the
8 COVID-19 pandemic; and
9   WHEREAS, Parents may need additional support if they have
10 experienced trauma, have a disability, are raising a child with an
11 emotional, behavioral, or developmental disability, or are living
12 in adverse community environments that lack equity, as measured
13 by racism, concentrated poverty, poor housing conditions, and
14 other barriers to opportunity; and
15   WHEREAS, Families in California come in many forms, with
16 children who are raised by parents, grandparents, foster parents,
17 family members, and other caregivers; and
18   WHEREAS, Families can benefit from a "tool kit" of proven
19 strategies and receive support from various positive parenting
20 programs in many counties and tribes through numerous
21 organizations and individual practitioners, thanks to local
22 partnerships, such as between First 5 commissions, local
23 government, tribal nations, health and human services providers,
24 schools, libraries, higher education institutions, and child welfare
25 agencies; and
26   WHEREAS, Counties may implement and encourage positive
27 parenting through a population health approach so that all families
28 have equitable opportunities to access information in ways that
29 respect their unique beliefs, traditions, customs, interests, and
30 racial, ethnic, tribal, and cultural practices; and
31   WHEREAS, Family support professionals and paraprofessionals,
32 recognized for their excellence and compassion across California,
33 adapted quickly in response to the COVID-19 pandemic, shifting
34 to virtual service delivery in order to maintain continuity of
35 essential services that support the physical, social-emotional, and
36 behavioral health of children and families; and
37   WHEREAS, Every individual, community group, business,
38 public or nonprofit agency, and tribe in California has a role to
39 play in raising awareness of the importance of positive parenting

1 and supporting the health and well-being of children and families;
2 now, therefore, be it
3   *Resolved by the Assembly of the State of California,* That the
4 Assembly of the State of California declares the month of January
5 2021 as Positive Parenting Awareness Month; and be it further
6   *Resolved,* That the Chief Clerk of the Assembly transmit copies
7 of this resolution to the author for appropriate distribution.

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